

BETTING IQ CHEAT SHEET

Bet With an Edge. Not a Hunch.

THE CORE FRAMEWORK

OUTCOME **+** **LINE** **+** **PRICE**

What must happen?

What conditions apply?

What are you paying?

COMMON BETTING MARKETS

MONEYLINE

Pick which side wins outright.

SPREAD

Bet on the margin of victory or defeat.

TOTAL (O/U)

Bet whether the combined score goes over or under a number.

PROPS

Bet on a specific player or team result, such as yards or touchdowns.

ODDS & IMPLIED PROBABILITY

American Odds

-110 Risk \$110 to win \$100.

+150 Risk \$100 to win \$150.

Implied Probability

Negative odds:

$|\text{odds}| / (|\text{odds}| + 100)$

Positive odds:

$100 / (\text{odds} + 100)$

Remember: A likely outcome is not automatically a good bet. Price matters.

LINE MOVEMENT

Opening lines and current lines can differ as the market reacts to new information and betting activity. The same opinion can become a different bet when the line or price changes.

HOW TO READ A PICKBOT PICK

PickBot keeps live selections concise: sport/league first, then the bet.

NFL PICK
Lions vs Bills O52.5

Meaning: Combined game total must finish above 52.5 points.

NFL PICK
James Cook 1+ TD

Meaning: James Cook must score at least one touchdown.

NFL PICK
Jared Goff O 248.5 Passing Yards

Meaning: Jared Goff must record at least 249 passing yards.

THE PICKBOT PROCESS

1
RESEARCH
2
FILTER
3
UNDERSTAND
4
MANAGE RISK
5
TRACK RESULTS

RISK & DISCIPLINE

- Set a bankroll before you start.
- Use consistent stake sizing.
- Do not chase losses or increase bets emotionally.
- Passing is a valid decision.
- No model, handicapper, or system can guarantee a result.

30-SECOND PRE-BET CHECK

- ☐ Do I understand the market and exactly what must happen?
- ☐ Do I know the line and price I am getting?
- ☐ Does the stake fit my bankroll plan?
- ☐ If this loses, will I stay disciplined instead of chasing?